



OCS Lunch Menu October 2023

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|---|---|----------------------|--|----------------------------|---|----------|--|--------|---|
| 2 | Spaghetti & Meat Sauce <i>Breadstick</i> | 3 | Beef Nachos <i>Lettuce Salsa, Cheese, Refried Beans</i> | 4 | HALF DAY NO LUNCH SERVED | 5 | NO SCHOOL | 6 | NO SCHOOL |
| <i>Daily Alternate: Hot Dog on a Bun</i> | | | | | | | | | |
| 9 | Grilled Chicken Sandwich <i>Curly Fries</i> | 10 | Walking Taco <i>Lettuce, Salsa, Cheese, Refried Beans</i> | 11 | French Bread Pepperoni Pizza | 12 | Creamy Chicken Alfredo <i>Breadstick</i> | 13 | Hot Ham & Cheese Sandwich <i>Tator Tots</i> |
| <i>Daily Alternate: Cheese Stuffed Breadsticks w/Marinara</i> | | | | | | | | | |
| 16 | The Perfect Sloppy Joe <i>Potato Smiles</i> | 17 | Chicken Nuggets <i>Mashed Potatoes, Baked Beans, Dinner Roll</i> | 18 | Waffles <i>SC Eggs, Sausage Patty</i> | 19 | Cheese Stuffed Breadsticks <i>Marinara</i> | 20 | Fruit & Yogurt Parfait |
| <i>Daily Alternate: Breaded Chicken Sandwich</i> | | | | | | | | | |
| 23 | Chicken Nuggets <i>Potato wedges Dinner Roll</i> | 24 | Beef Nachos <i>Lettuce, Salsa, Cheese Refried Beans</i> | 25 | Popcorn Chicken & Mashed Potato Bowl <i>Seasoned Corn Dinner Roll</i> | 26 | Hot Dog on a Bun <i>Curly Fries</i> | 27 | Confetti Pancakes <i>Sausage Patty, Hashbrown</i> |
| <i>Daily Alternate: Classic Cheeseburger</i> | | | | | | | | | |
| 30 | Macaroni & Cheese <i>Broccoli Florets Dinner Roll</i> | 31 | Beef Nachos <i>Lettuce, Cheese, Salsa, Refried Beans</i> | | | | | | |
| Fruit & Veggie Bar | | | | | | | | | |
| <i>Apple</i> | <i>Mandarin Oranges</i> | <i>Peaches</i> | <i>Juice Cup</i> | <i>Cinnamon Applesauce</i> | | | | | |
| <i>Broccoli Florets</i> | <i>Tossed Salad</i> | <i>Fresh Carrots</i> | <i>Fresh Celery Sticks</i> | <i>Cucumbers</i> | | | | | |
| <i>Milk</i> | <i>Milk</i> | <i>Milk</i> | <i>Milk</i> | <i>Milk</i> | | | | | |
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There are many entrée choices available daily. A student meal includes a choice of entrée, choice of milk and one trip to the fruit & veggie bar. Students not taking at least one serving of fruit or vegetable will be charged at a la carte prices. **Lunch is FREE for ALL OCS students.** Milk: \$.50. This institution is an equal opportunity provider.